

EOPD

**Eastern Orthodontics
& Pediatric Dentistry**

Dental Social Story



GOING TO THE DENTIST



Today I am going to the dentist.



I will wait in the lobby until they call my name.



There is a play area in the lobby.



They have video games I can play while I wait.



When they call my name I will follow the helper to my chair.



I will sit in a big chair. It can go up, down, back and forth.

GOING TO THE DENTIST



A dental assistant will be waiting to help me.



They will be wearing a mask, gloves, glasses and a special coat.



The dentist will use special tools to check my teeth.



The dentist may use a light to see my teeth.



I will open my mouth wide so the dentist can see my teeth.



They may blow air on my teeth or squirt water in my mouth.

GOING TO THE DENTIST



They have a little straw to get the water out of my mouth.



Sometimes they may use a big straw to get the water out.



The dentist will use a special toothbrush to brush my teeth.



Sometimes they might use a special camera to take pictures of my teeth.



These pictures help the dentist make sure my teeth are healthy.



My teeth are all clean and now I'm ready to leave!

THINGS THAT CAN HELP ME



I can wear sunglasses if the light is too bright.



I can wear headphones if the noises are too loud.



I can hold hands with my Mom, Dad or a helper.



I can sing or hum.